

# SN

Staff Newsletter  
Dec 2009 - Jan 2010

NHS  
Greater Glasgow  
and Clyde



The Queen Mother's Hospital

# 45 YEARS OF EXCELLENCE

Award winning NHSGGC

## Design hat-trick for New Stobhill



THE New Stobhill Hospital has won a third prestigious national design award, this time topping the healthcare category in the Glasgow Institute of Architects' annual design awards.

Judges said that they were "impressed by the civilised approach to the new hospital – the detailing has been honed to produce a calming space".

Stobhill commissioning manager Margaret Campbell added: "We are delighted to have won a third award for this fantastic new hospital.

"It is well deserved recognition for all the hard work put in by the design team and I'm sure that the local community will also be proud of the accolades their new hospital has received."

The New Stobhill has also been named best new building outside London by the Roses Design Awards 2009 and the best hospital design by the Building Better Healthcare Awards.

# Well done

Excellent work recognised at the Scottish Health Awards with five wins for NHSGGC



Margaret Nicholas, right, receives her trophy



Lorraine Newton is congratulated on her award



Kevin Hanretty, left, collects his award



Tessa Holyoake celebrates her win

**F**IVE of our caring healthcare professionals were recognised for their hard work and dedication to Scotland's health service at this year's coveted Scottish Health Awards.

All of our nominees attended a special evening event at Edinburgh's Corn Exchange hosted by Jackie Bird and attended by the cabinet secretary for health and wellbeing.

The Scottish Health Awards recognise and reward Scotland's most committed and caring NHS workers who go the extra mile for both patients and colleagues.

The first of this year's winners was Vale of Leven paediatric physiotherapist

Shona Flannagan, who collected the Therapist's Award.

Community health assistant Margaret Nicholas, from Dumbarton Health Centre, picked up the Support Worker Award while the Equality in Healthcare Award went to Lorraine Newton, who is a healthcare assistant at Springburn Health Centre.

Professor Tessa Holyoake, director of the leukaemia research Laboratory at Gartnavel Royal Hospital, won the Cancer Care Award and Doctor Kevin Hanretty, consultant obstetrician at the Queen Mother's Hospital, picked up the Women & Children's Services Award.

## A team committed to green transport

THE NHSGGC travel plan and systems office has been celebrating its win at the 2009 Scottish Transport Awards, where it picked up the Contribution to Sustainable Transport award for implementing policies to reduce its impact on the environment.

Travel plan and systems manager Douglas McIntosh said: "This award is fantastic recognition of all the hard

work that the office has put in during the past two years.

"Thanks must go to the judges for recognising our commitment to improving access for staff, patients and visitors.

"This award would not have been possible without the help of our many partners, upon whom we rely to assist us in our various projects. Special mentions must go to SPT,



The travel plan team celebrate their win

Glasgow City Council and various other local authorities which have been so supportive towards our objectives.

"Most of all though, thanks must go to the staff, patients and visitors

who choose to use the various schemes we put in place. Without their willingness to think about their travel choices to health facilities, our work would not be as successful as it clearly has been."



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Email: staffnewsletter@ggc.scot.nhs.uk Telephone: 0141 201 4995 Staff Newsletter is designed by Connect Communications www.connectcommunications.co.uk

# to winners



Above: Shona Flanagan was the proud winner of the Therapist's Award

Congratulating all the winners, cabinet secretary for health and wellbeing Nicola Sturgeon said: "The winners of this year's Scottish Health Awards have been recognised for making a special contribution to healthcare.

"All nominations showcased excellent examples of personal commitment, innovation and excellence. I would like to congratulate the winners and the runners up for their enthusiasm and commitment to improving patient care in Scotland."

NHSGGC chairman Andrew Robertson added: "These awards are a fitting recognition of the diversity of the skills and

commitment of teams and individuals across the Board area and the rapport that they build up with patients.

"As well as this public compliment to their achievements I am very pleased to add my own personal congratulations."

All the finalists received a donation to their nominated charity, with more than £30,000 being donated on the night.

For more information on all the winners and pictures of the evening, visit NHSGGC Showcasing the Best at: [www.nhsggc.org.uk/showcasingthebest](http://www.nhsggc.org.uk/showcasingthebest)



Heather (centre) with WellChild judge Joanne Bannatyne (left) and explorer Benedict Allen at the awards ceremony in London

## Our Heather really cares

HEATHER Carrick has been named Best Nurse in the prestigious WellChild Awards 2009 at a ceremony in London attended by HRH Prince Harry.

Heather was sister at the Vale of Leven Hospital's Special Care Baby Unit for many years and now runs the 'Can Care' service on behalf of NHSGGC, West Dunbartonshire Council and Argyll & Bute Council providing weekly respite for parents of children with complex needs or life-limiting conditions.

She was picked from record numbers of nominations for these awards, which celebrate the courage of children and young people coping with serious health problems.

Heather was nominated by her colleague Annie Hair, who said: "She goes beyond the call of duty, giving far

more time than she is paid for and offers continuing support for the families, including those whose children have died."

The WellChild Award judges also learned how Heather's support and encouragement has resulted in a very high retention rate among her staff, giving families much-needed stability, and has led to some carers deciding to train as nurses.

Annie added: "Heather is an inspiration to her profession."

**She goes beyond the call of duty, giving far more time than she is paid for**

Annie Hair

## GO Robert!

NHSGGC's Robert Stewart has been honoured for outstanding achievement at the second *Government Opportunities (GO)* magazine Excellence in Public Procurement Awards Scotland. The GO Awards Scotland are the only awards dedicated to public procurement.

Deputy Head of Procurement Robert was awarded the highly coveted winner's trophy

in the Individual Excellence category, in recognition of his services towards delivering Capital Equipment projects within this NHS board.

Accepting the award, Robert said: "I'm delighted and proud of the recognition both for myself and the wider team at NHS Greater



Glasgow and Clyde. There have been huge improvements throughout the last couple of years, culminating in the New Stobhill Hospital, which was delivered to a high standard."



Heather (second from right) waits to meet HRH Prince Harry

## New hospitals



Above: project managers (front row, from left) Peter Moir, Heather Griffin, Mairi Macleod and Alan Seabourne and their team are already working hard on the new hospital complex (pictured right)

# LOOKING TO THE FUTURE

**T**HE team behind the biggest hospital build project in the UK is raring to go. Project director Alan Seabourne, head of major projects Peter Moir and the project managers for the new hospitals Mairi Macleod (New Children's Hospital) and Heather Griffin (New Adult's Hospitals) have already started work.

Plans are under way with the first major piece of work on the site happening in the new year as construction of the new labs building begins.

Alan, Peter, Mairi and Heather individually and together have a wealth of experience bringing many NHS projects to fruition.

Alan has worked in the health service in Glasgow and Argyll and Clyde since 1980, undertaking many senior roles in facilities management, project management and general management. He has led many capital and service projects throughout this time including the

## Meet the team overseeing the new South Glasgow hospitals

development of the Yorkhill site culminating in the building of Yorkhill's new theatre complex. In his current role as project director, he manages, co-ordinates and actions all the activities associated with the planning and construction of the New South Glasgow Adult Hospital, New Children's Hospital and New Laboratory Facility.

Peter's role on the NSGH project will be to lead on all technical and quality matters associated with the projects and act as the main daily conduit between the contractor and the Board. Previously he has managed the design and project management of a number of large healthcare projects in the UK and Ireland including managing the initial

procurement of the Beatson Oncology Centre, the construction phase of the new Victoria and Stobhill Hospitals, the multi-storey car park at GRI and the co-ordination of the campus redevelopment at Stobhill Hospital.

As project manager for the New Children's Hospital, Mairi Macleod is responsible for working

**Alan, Peter, Mairi and Heather have a wealth of experience bringing NHS projects to fruition**

with colleagues in paediatric services to deliver the detailed design of the new build. Mairi previously worked on the design for the New Victoria Hospital.

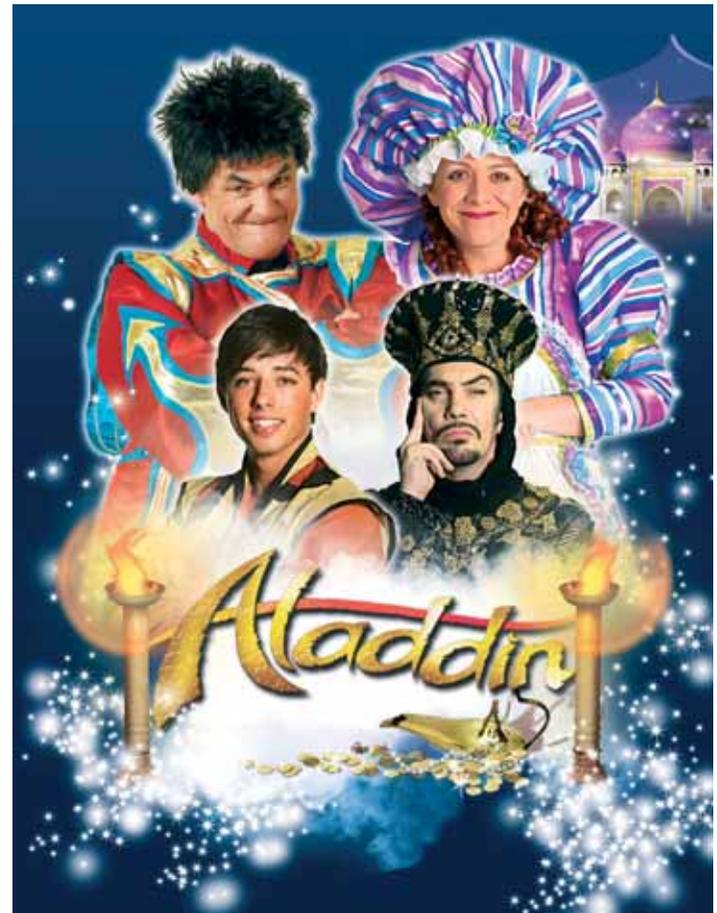
Heather Griffin takes on a similar role as project manager for the New Adult Hospital, working with users and the contractor to develop the detailed design for the hospital. She has nine years' experience in project management, and some of the previous projects she has been involved in have received national awards for innovation, design and environmental issues.

The New South Glasgow Hospitals Campus is the UK's most ambitious hospital build project and is an outstanding vision for the future of healthcare in Greater Glasgow and Clyde and beyond.

The New Adult and Children's Hospitals are a crucial part of this vision creating high standards of excellence in healthcare and design.



**i** Staff can see more of the images of the design on StaffNet and the NHSGGC website as well as a video 'fly-through' of the new hospitals. Visit: [www.nhsggc.org.uk/content/default.asp?page=s1122](http://www.nhsggc.org.uk/content/default.asp?page=s1122)



# Take a quick survey for your chance to see Aladdin

THE 18-week referral to treatment team has teamed up with *Staff Newsletter* to run a fantastic competition to win a family ticket for *Aladdin*, the spectacular traditional pantomime at the King's Theatre in Glasgow this Christmas.

Take a couple of minutes to complete the survey on the 18-week referral to treatment (RTT) programme and you could be going to see Gerard Kelly, Karen Dunbar, Gavin Mitchell and Keith Jack (the former *Any Dream Will Do* finalist) in a panto that promises a magic-carpet ride of laughter, thrills, song and dance in an adventure that will blow the lid off your lamp!

Christmas just wouldn't be Christmas without it.

The tickets are for the 7pm

performance on 26 December. We will get in touch with the winner on Friday 18 December.

We are also offering two runner-up prizes of £40 Tesco vouchers to spend in store, so to take part, go to StaffNet and click on the links.

The survey asks a few questions about the 18-week RTT programme, but don't worry if you don't know anything about it, please still fill in the questionnaire as it won't impact your chance of winning.

**i** If you would like to find out about the 18-week referral to treatment programme, visit the 18 Weeks RTT on StaffNet or visit the national website for general information at: [www.18weeks.scot.nhs.uk](http://www.18weeks.scot.nhs.uk)

## Discover amazing value, space and style...

We have a fantastic selection of homes across the west of Scotland and all NHS Greater Glasgow and Clyde staff are eligible for the Key Worker Package which entitles you to 5% off a new Taylor Wimpey home. To receive this amazing discount just take this advert with you when reserving a property.



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Tel: 0141 849 5500. Terms and conditions apply, available on selected plots only. Information correct at time of going to press.

# THE £2,000 TIN!

**V**ISIBILITY, one of Glasgow's oldest charities, marked its 150th birthday this year. Seven years ago, the charity launched a patient support service within the eye department at Gartnavel Hospital. It offers emotional support and practical advice to people struggling to come to terms with the news that they were losing their sight.

The service has supported thousands of people and regularly takes more than 80 referrals each month.

Café Deco, a coffee shop owned by Tony Winton, pictured, has been supporting the charity for the past four years by displaying a Visibility collecting tin on his counter. This one small tin has now raised the magnificent sum of £2,000, thanks to the generosity of Café Deco's customers.

Visibility chief executive Fiona Sandford, also pictured, congratulated Tony on the amount raised. "We are extremely grateful to Tony and his staff, and all the Café Deco customers, for their support. It really is quite amazing how much money has been raised from just one collecting tin. It is such a simple but effective way to help."



## ...brief

### Partnership working

A PROJECT that helps blind and partially sighted unemployed people in Glasgow get back to work has joined forces with NHSGGC.

Since the start of Focus on Employability (FOE) last year, more than 90 individuals have received support, with nine getting jobs.

Lack of confidence, stress and anxiety restricts FOE users' ability to return to work.

NHSGGC developed a short stress management course to help six FOE service users. This proved successful with one finding work within weeks and the other five undertaking IT training.

### They're lucky in Renfrew!

KAREN Gleed, health visitor and schools nurse team leader for the Johnstone area, based in Renfrew Health Centre is the latest winner of our SN £1000 giveaway.

Karen's birthday is coming up, and she said it was a "lovely added celebration".

Karen entered the competition after Fiona McInnes, also from Renfrew Health Centre, won in August. So it seems lightning does strike twice!



To join the Staff Lottery, contact Isobel Huk. Email: [isobel.huk@ggc.scot.nhs.uk](mailto:isobel.huk@ggc.scot.nhs.uk) or tel: 0141 211 5850. Or visit: [www.nhsstaffbenefits.co.uk](http://www.nhsstaffbenefits.co.uk)



## Getting arty in Gartnavel

STAFF from West Glasgow CHCP and Gartnavel Royal Hospital who joined forces to plan a range of events for this year's Scottish mental health arts and film festival would like to thank everyone who attended the various events for their support.

A small working party made up of occupational therapists, nurses, management and Carr Gom staff worked hard to plan creative art exhibitions in Whiteinch Community Hall and Gartnavel Royal Hospital, as well as comedy workshops run by

Universal Comedy in the Mitchell Theatre.

All events were well attended with more than 100 people making it to venues – including service users past and present, staff and interested people from the local community as well as professional artists who had worked with the groups.

Some of the users spoke passionately about how participation in creative projects can facilitate better mental health, increasing confidence, skills attainment, socialisation and fun.

Interested in taking part in next year's planning group? Contact Samantha Flower on 0141 211 3576 or email: [samantha.flower@ggc.scot.nhs.uk](mailto:samantha.flower@ggc.scot.nhs.uk)

## Campaign gets danger message straight to kids

A NEW campaign aims to raise awareness of the safe use and safe storage of hair straighteners.

An audit at the Sick Kids' hospital has shown the number of children attending A&E as a result of a contact burn from hair straighteners has increased considerably in recent years. Very young children have attended the hospital suffering from superficial burns to severe deep dermal or full thickness burns after touching hot hair straighteners.

So far this year, Yorkhill A&E has seen about 28 children with a contact burn from hair straighteners – 11 per cent have required skin grafts resulting in a stay in hospital, intensive treatment and then an intensive care regime for up to two years.

The campaign has three key messages: "Straight off" – hair straighteners should be



switched off after use "Straight in" – they should be stored in a heat-resistant bag "Straight away" – they should be put away safely out of reach of children.

The campaign was developed by NHSGGC health improvement team, the Royal Hospital for Sick Children, A&E consultants and the Burns Unit, as well as Strathclyde Fire and Rescue, Royal Society for the Prevention of Accidents and the hairdressing college at James Watt.

# Clinicians gather to celebrate legacy of Queen Mum's



**L**EADING clinicians from around the UK and America have gathered in Glasgow to celebrate the legacy of the QMH at Yorkhill.

Attending a special Scientific Meeting and Dinner in the city, staff past and present listened to lectures, exchanged ideas and discussed their contributions to 45 years of excellence at the QMH. Chairing the event was consultant in foetal medicine Professor Alan Cameron, who said: "While the closure marks the end of an era, we wish to highlight the significant contributions made to maternity and obstetric care

in Glasgow and the West of Scotland by the staff of the Queen Mother's Hospital over the years."

Proceeds from the event will help establish a Legacy Fund to be used for future educational events, such as discussions by health professionals in areas of maternity and paediatric care.

The Queen Mother's will close early next year, with services relocating to the Southern General and Princess Royal Maternity hospitals. *Health News* will celebrate the many lives and times of the hospital in a special edition due out in January 2010.



# Stroke research

THE first patient and public event for stroke in Scotland was organised by the Scottish Stroke Research Network (SSRN) based at GRI.

Co-ordinating staff Fiona Graham, Liz Ronald and Karen McBurnie invited survivors of stroke, carers, public and researchers to attend the event on World Stroke Day to increase awareness of stroke and actions that can be taken against it.

Speaking at the event, Professor Peter Langhorne, SSRN clinical lead, said: "There are about 14,000 people in Scotland suffering a first stroke every year, of which about a third will die. Clinical research has brought about important improve-

ments in stroke prevention and treatment. However, we need to do much more research that is relevant to the needs of stroke survivors and their families."

The event considered how people who have suffered a stroke and their carers can best engage with and influence stroke research to improve future services. It is hoped that more patients and carers as well as the public will get involved in future stroke research.

For more information about the Scottish Stroke Research Network, visit: <http://scotland.uksrn.ac.uk>

## Stroke stats

- stroke is Scotland's third biggest killer
- about a quarter of strokes are experienced by people under 65
- a stroke is a brain attack which causes brain damage. It can be diagnosed by using FAST
- Facial weakness, Arm weakness, Speech problems, Test all three. If any of these symptoms are present, call an ambulance
- strokes can be prevented through lifestyle factors such as a healthy diet.

## Better Together

**Do you have an experience of cancer services? Would you like to help improve services for the future?**

A new project has been launched to improve cancer services in NHS Greater Glasgow and Clyde. If you have experienced cancer services either as a carer or a patient, you can help us make improvements.

Have you or someone you care for:  
**Had chemotherapy treatment in the past year?**  
 OR  
**Had treatment for bowel cancer in the past year?**

If you answered **yes** to either of these questions and you are interested in sharing your experience, please contact **Uzma Aslam** or **Debbie Schofield** (details below).

This project is part of the national Better Together Patient Experience Programme ([www.bettertogetherscotland.com](http://www.bettertogetherscotland.com)).

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An answering machine will record messages, should you phone after 5pm or at the weekend.