

Core brief

Thursday, 12 October 2017

Introduction

This issue brings you information on a volunteer with 500 hours of volunteering, children's teeth sparkle and superheroes at RHC.

500 hours of volunteering deserves a round of applause

A volunteer who has clocked up 500 hours of volunteering was surprised when patients and staff at the Royal Hospital for Children (RHC) presented her with a round of applause and hand made cards as a thank you.

Diane Pallas has been volunteering at the RHC since 2014 (initially at the old Yorkhill site before moving to the new hospital when it opened in 2015) and has been offering support to patients and their families all this time. [Click here to read more.](#)

Children's teeth sparkle

Tooth decay is not something any child should suffer and the national Childsmile programme offers young children up to the age of six years old a special fluoride varnish on their teeth to help prevent decay.

Along with regular brushing, research shows that fluoride varnish is highly effective at reducing tooth decay. [Click here to read more.](#)

Superheroes are bringing the "Power of Play" to RHC

This week's national 'Play in Hospital Week' theme is 'Power of Play' and to celebrate the Royal Hospital for Children (RHC) has superheroes bringing 'power' to the patients and staff. [Click here to read more.](#)

Are your contact details up-to-date? [Click here](#) to check