

Core brief

Wednesday 20 December 2017

Introduction

This issue of Core Brief details information on an article from The BMJ about the flu vaccination; and the opening of Orchard View.

Fighting flu together

The BMJ reports today on a new study by a team at the London Respiratory Network showing that increasing flu vaccination rates reduces days off. For every 10 per cent increase in the vaccination rate, sickness absence fell by 10 per cent. The study used data from 223 trusts in England and 800,000 staff over four flu seasons from 2011.

Despite the evidence, around 50 per cent of NHS staff do not take up the offer of the free flu vaccine to protect themselves and their patients.

And the reasons they give for not getting vaccinated?: They don't think they are at risk; they're afraid it will make them unwell; they think flu is a minor illness and, frankly, getting vaccinated is a bit too much trouble", reports the BMJ.

All the reasons cited above are totally wrong.

So look out for one of our roving 'Flu Fighters' on our main sites or you can get the flu vaccination by peer immunisation or at an appointment with occupational health. [Click here for more information](#)

[Click here](#) to read The BMJ article (*BMJ2017;359:j5629*) in full.

Orchard View officially opens

The new Inverclyde Adult and Older Peoples Continuing Care Hospital, Orchard View, was officially opened today by the Minister for Mental Health, Maureen Watt.

The £7.3 million contemporary healthcare facility, located in a prominent location on the Inverclyde Royal Hospital grounds, provides adult and older peoples' continuing care mental health accommodation, with a particular focus on delivering a dementia friendly environment.

[Click here](#) to read our full news release.

Are your contact details up-to-date? [Click here to check](#)