

Core brief

Friday, 23 February 2018

Introduction

This issue brings you information on the Mental Welfare Commission reports and the diet and obesity consultation.

Mental Welfare Commission praises patient care at five wards and units

Inspectors from the Mental Welfare Commission have issued five reports recognising the care patients are given by staff.

Staff were praised for the atmosphere on wards, high levels of communication with relatives and carers and ensuring they were involved in care decisions, and personal care plans for all patients.

Units and wards visited were:

- The National Child Inpatient Unit at the Royal Hoispital for Children
- Ward 39 at the Royal Alexandra Hospital
- North and East wards at Dykebar Hospital
- The Intensive Psychiatric Care Unit at Gartnavel Royal hospital
- The Regional Adolescent Unit at Stobhill Hospital

The care given to patients at the National Child Inpatient Unit for 5-12 year olds at the Glasgow Royal Hospital for Children was been praised following a visit by Mental Welfare Commission inspectors.

Commission inspectors spoke with patients and their relatives or carers at the Royal Hospital for Children unit who all praised staff for their caring attitude, commitment to collaboration and inclusion, and the high standards of communications regarding the young people's care.

The visitors were particularly impressed by the high standards of record keeping and the care plans which are person centred and comprehensive.

Ward 39, a 20 bedded short stay ward at the RAH for patients with a functioning mental illness, was commended by inspectors for its calm atmosphere on the ward with staff interacting with patients in a warm and respectful way.

They also noted that patient risk assessments and safety plans gave a clear history of risk, as well as identifying triggers and coping strategies which were included in patients' action plans.

Inspectors drew particular attention to being very impressed with the links being developed between Dykebar and the local hospice and the focus on enhancing palliative care provision on North and East wards. [You can view the Commission's full reports here.](#)

Diet and obesity consultation

Commenting on the [publication of responses](#) to the Scottish Government's consultation 'A healthier future - action and ambitions on diet, activity and healthy weight', Public Health Minister Aileen Campbell said:

“We’re committed to taking forward a package of bold measures to make it easier for people to make healthier choices and to empower personal change.

“We fully appreciate all comments received to our consultation and will consider them carefully as we consider where our draft strategy can be strengthened.

“Our forthcoming strategy will include world leading proposals to restrict the promotion of foods high in fat, salt or sugar. Improving the food environment is the single biggest change we want to see and we are not afraid to show ambition and daring in our approach. We are backing the strategy with investment, committing £42m over five years on weight management services for those with or at risk of developing Type 2 Diabetes.”

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