

# Core brief

Friday, 20 April 2018

## Introduction

This issue brings you details of the CMO's report which was published today and Glasgow Royal makes a world of difference.

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### CMO report published today

The country's most senior clinician is encouraging patients to get more involved in their treatment and care options.

Scotland's Chief Medical Officer (CMO) Dr Catherine Calderwood is calling for a move away from the "doctor knows best" culture in her annual Practising Realistic Medicine report, which sets out steps to help patients get more involved in their medical consultations. [Click here to read more.](#)

### Glasgow Royal makes a world of a difference

NHSGGC has joined forces with Olympus to deliver desperately needed medical equipment to an adult teaching hospital in the poverty-stricken country of Malawi.

Malawi has one of the highest incidences of oesophageal cancer in the world. There is also a very high incidence of life-threatening bleeding from the gullet and stomach due to schistosomiasis infection.

The availability of endoscopic equipment and training local clinicians in their use can significantly improve the outcome for these patients.

Professor Adrian Stanley, a leading Consultant Gastroenterologist based at Glasgow Royal Infirmary said: "Quite simply, these endoscopes, which would otherwise have ended up being decommissioned and scrapped, will help doctors in Malawi save many lives." [Click here to read more.](#)

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