

Core brief

Wednesday 19 February 2020

Introduction

This issue of Core Brief details information for Healthcare workers who have travelled to a risk coronavirus (2019-nCoV) area.

Advice to Healthcare Workers who travelled to a risk coronavirus (2019-nCoV) area

You will have seen lots of information in the media with regards to the outbreak of 2019-nCoV. We want to make sure that you understand what to do as a healthcare worker in the event that you or a household member has travelled to a risk area for 2019-nCoV.

If you have returned from a risk area within the past 14 days.

If you have a fever or respiratory symptoms, within 14 days of returning to the UK then you must **not** attend work. You should remain at home and contact your GP or NHS24 (111) by phone for assistance. Please ensure you call your line manager and advise them of the position.

Risk Areas

Wuhan, Hubei Province or Macau, China, Hong Kong, Thailand, Japan, Taiwan, Singapore, Republic of Korea, Malaysia

If you are **not** showing any symptoms it is recommend that you adhere to the following:

Category	No symptoms – but exposure within the past 14 days	Exclusion from work until 14 days after last exposure	Other actions
A	Travelled to Hubei province (which includes Wuhan)	Yes	Self-isolation at home
B	Contact with a confirmed or suspected case of 2019-nCoV	Yes	Self-isolation at home
C	Exposure to healthcare settings anywhere in a risk area, such as working in healthcare, admission or visit to hospital	Yes	Self-isolation at home

D	Travelled to a risk area (other than Hubei province) but not meeting the exposure categories B or C	No	Occupational Health advice
---	---	----	----------------------------

Occupational Health Advice

If you meet **Category D** above then you should call the Occupational Health team to seek further guidance on 0141 201 0594 (Monday to Friday 8am-6pm)

If a household contact has returned from a risk area within the past 14 days and is symptomatic.

You should remain off work until the household members has been clinically assessed and the results of testing are available.

Returning to Work

If you remain well then you can return to work at the end of the 14 day exclusion period.

If you had symptoms and tested negative you should remain in self-isolation until the end of the 14 day exclusion period. If symptoms have resolve, you can then return to work. If still symptomatic you will be assessed before return to work and should contact the Occupational Health team for further guidance.

The observation period refers to 14 days since you were last in a risk area.

Are your contact details up-to-date? [Click here to check](#)