

Core brief

Daily COVID-19 update
(14 May 2020, 5.05pm)

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Social Distancing Guidelines at Work

We have been asked to send out a reminder of the social distancing guidelines that apply in the workplace as there have been occasions when these are not being followed by colleagues.

We would ask everyone to continue to adhere to these guidelines to keep each other safe and minimise the spread of infection.

Social Distancing in and around the Workplace

With patience and co-operation, we can all do our part.

1	Do not congregate in outside spaces. Current rules also do not allow outside activities such as sunbathing, meeting up with or having picnics with colleagues.
2	Do not congregate in staff rooms, kitchens, around copiers or other areas where people socialise and eat lunch away from others. Keep 2 metres apart where possible.
3	When speaking with colleagues please respect personal space, do not hang over desks and keep 2 metres apart where possible.
4	Avoid in-person meetings. Use online conference, email or the phone when possible, even when people are in the same building.

5	Unavoidable in-person meetings should be short, in a large meeting room where people can sit at least two metres from each other ; avoid shaking hands.
6	Eliminate unnecessary travel and cancel or postpone non-essential meetings, gatherings, and training sessions.

Video service vCreate expanded to help families stay in touch with patients in hospital during COVID-19

A video message service is now more important than ever to help families stay in touch with patients in hospital. The vCreate secure video service was first developed in the Neonatal Intensive Care Unit at the Royal Hospital for Children at QEUH.

During the coronavirus pandemic it has now been expanded for use in adult ICUs across NHSGGC and more widely in Scotland.

The service allows nurses and doctors to record video messages which are uploaded to a secure platform for family members to view.

This is part of our #DigitalasUsual commitment to embed technology as part of everyday patient care.

For more details on vCreate or other virtual visiting, please email: virtual.visit@ggc.scot.nhs.uk

Support from Speech & Language Therapists

The Speech & Language Therapy department (SLT) is available to support staff, patients and carers during the COVID-19 pandemic.

SLTs have a lead role in advising on how best to support people in hospital with swallowing and communication needs. They can also advise on how to make effective use of a range of low and high tech communication aids. This includes communication charts, such as the new [critical care communication chart](#) highlighted recently, which can help staff communicate with patients who cannot verbalise their needs easily. A range of charts of differing complexity is also available, developed by SLT for use in ITU and other acute settings.

Staff can contact the SLT Advice Line on 0141 347 8660.

Call for NHSGGC staff to take part in research study

As part of our Research and Development work in response to COVID-19, we are now taking part in a research project that aims to look at the impact of COVID-19 on children. This is to determine what proportion of children have antibodies to COVID-19 and if these antibodies equate to immunity to future infection.

NHSGGC staff are eligible to take part if they:

- work in a clinical area where they may be exposed to COVID-19 patients **and**
- have a child or children aged 2-16 years of age who are willing to have blood tests taken on three separate occasions (within the next two weeks, eight weeks after initial blood test and six months after initial test).

Experience so far shows that fortunately COVID-19 appears to cause only mild, or no, symptoms in children. This study aims to determine what proportion of children have been exposed to COVID-19 and how many, if any, have developed neutralising antibodies. The findings from this study could be used to inform public health decisions regarding the re-opening of schools and other services vital to the wellbeing of children.

This study is limited to a maximum of 200 participants.

If interested then please email Glasgow.CRF@ggc.scot.nhs.uk for further details. Please include the following information in your email:

- Your name
- Job title and location of work
- Age(s) of child(ren)/young person(s) willing to participate
- contact telephone number.

Bus service provision to hospitals

An [updated list of bus service provision to hospitals](#) across the West of Scotland has been compiled by SPT. Staff can find the most current information on public transport at: www.travelinescotland.com.

Please note that this is the current state of play and subject to change.

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).



Going Home Checklist

Check on your colleagues before you leave:
are they ok? Are you ok? Your colleagues are here to listen and support you too.

Need some support? There is help
www.nhsggc.org.uk/covid19/staffsupport



A Healthier Place to Work

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**