

Core brief

Daily update

(27 August 2020, 3.30pm)

Topics in this Core Brief:

- Latest testing information
- Mental Health Check In
- Scottish Health Awards 2020

Latest testing information

Please note the following update on Monday's Core Brief on West Glasgow ACH testing centre re-opening.

Both symptomatic **staff** and symptomatic **household** contacts can now arrange to have a test using [the e-referral form](#). Anyone who is **asymptomatic** should **not** apply for a test.

We are continuing to expand our testing capacity with Stobhill and Gartnavel drive-through testing stations resuming on Monday 31 August 2020.

Core Brief – Monday 24 August, West Glasgow ACH Testing Centre to re-open Wednesday 26 August

With numbers attending the national testing centres at Glasgow Airport and Port Glasgow increasing, it has been agreed that the West Glasgow testing centre will re-open on Wednesday for testing of **symptomatic household contacts** of NHSGGC health and social care staff (including care home staff, GPs, dentists and community pharmacists).

Referral will be by appointment and anyone wishing for a symptomatic household contact to be tested should arrange an appointment using the [following e-referral form](#).

Mental Health Check In

The mental health and wellbeing of all staff is very important to us and we appreciate that dealing with COVID over the past few months may have impacted staff health and wellbeing.

We understand that your mental wellbeing is very personal to you and we want to ensure that all of our staff have access to the right level of support. This is why we have developed a mental health check-in, which is due to be launched in the coming days and which we would like to invite colleagues to take part in.

The check-in will ask you some questions about your mental health and psychological wellbeing, so that we can work with you to ensure that, should you need it, we can provide the correct level of support for you.

Taking part is voluntary, and we would urge you to take part even if you are feeling well. **Any information you provide will be treated as strictly confidential and will not be shared with your manager.**

After you complete the check in, depending on the answers you have given you may be contacted by a Clinical Psychologist. Where prompted, please provide a telephone number which can be used to contact you safely and privately. When we call you the number displayed will be an 0800 number or number withheld. The purpose of the follow-up call is to explore your answers in more detail. The psychologist will consider what help you might benefit from and discuss this with you.

The Mental Health Check in is only open for four weeks but will be repeated in January 2021 and July 2021 we would urge everyone to look out for it and complete it. More information is available on the [mental health check in website](#) where you will also find FAQ page for further information.

Please also remember that we have a range of support available to help staff cope with day to day pressures and prevent short-term feelings of distress from becoming something more serious, e.g. the local Staff Support Helpline (0141 303 8968) and Heads Up website (www.headsup.scot) and the National Wellbeing Hub (www.promis.scot).

Remember, “It’s okay not to feel okay”, but many people find it helpful if someone reaches out and offers them support.

Scottish Health Awards 2020

Avid Daily Record readers will no doubt have spotted a familiar face recently when our very own Jim Meighan, Chaplain at the QEUH and RHC, was featured following his nomination for a Scottish Health Award. Jim’s well deserved nomination came from one of his colleagues, Jean Hepburn. Congratulations Jim on the nomination!

Within NHSGGC we have very many staff and teams who deserve recognition for the work they do so, like Jean, we would ask you to consider nominating your colleagues for the Scottish Health Awards. There are 16 award categories that recognise the important contribution of staff across NHSScotland and any member of staff or a team who works in NHSScotland can be nominated for any of the award categories.

The closing date for nominations is **5pm on 30 September 2020**. For more information about the awards, visit: www.scottishhealthawards.com

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

Are your contact details up-to-date? [Click here](#) to check