

Core brief

Daily update
(20 October 2020, 4.30pm)

Topics in this Core Brief:

- Health and Safety training – only two weeks left!
- Life on the Frontline – Liliya Ruda
- Social Media reminder
- Emergency food discharge bags and toiletries/pyjamas for inpatients and parents



Health and Safety Training – Protect yourself, your colleagues, patients and visitors.

You have only **TWO WEEKS** left to complete your Health & Safety training. So don't wait, complete your training now! For further information see [here](#) and to complete the training modules go to your [LearnPro account](#)

Life on the Frontline – Liliya Ruda

[Liliya Ruda, is an Advanced Nurse Practitioner](#) for the Out of Hours Service. Liliya talks about being the main contact for patients and treating them for a wide variety of conditions while getting enjoyment from the constant learning on the job. Personally, this year has been doubly dramatic for Liliya, with a cancer diagnosis. Luckily colleagues at the Out of Hours Service insisted on an urgent referral to cancer services and Liliya is now on the road to recovery.

We hope that you are enjoying these personal accounts of life on the frontline during the pandemic. If you would like to feature in one of the videos and tell us about how you and colleagues have been affected, then please get in touch (staffnewsletter@ggc.scot.nhs.uk).



Social Media reminder

Social media is a great way for people to connect particularly at this time of social distancing. If you are using social media to chat to friends and family then we would remind you to follow the personal guidelines for staff on social media which are there to protect you and to protect your patients.

All employees are responsible for any information they make available online whether this is posted during work hours, during breaks or when not at work. NHSGGC considers all employees to be responsible and accountable for information contained on their social networking page or blog.

While in the majority of cases use of personal social media sites is uncomplicated and trouble-free, staff should remember:

- Employees should take care about what they post on the internet. Individual privacy settings do not always stop others seeing and distributing your content
- All employees are responsible for any information they make available online
- If you identify NHSGGC as your employer, make it clear when publishing your opinions that these are your own personal views. You should make it clear that they do not represent the views of NHSGGC.

And remember, if you are taking photos, these should comply with the current social distancing rules (so no close group selfies).

Visit the NHSGGC [Personal Use of Social Media Policy](#) for more information.

Emergency food discharge bags and toiletries/pyjamas for inpatients and parents

The NHSGGC Support and Information Service (SIS) and Family Support and Information Service (FSIS) provides patients, staff, parents and carers with practical and emotional support.

During the COVID-19 pandemic, these services have a range of additional support available including:

- Emergency food in discharge bags for vulnerable/shielding patients on discharge from hospital at all sites listed below
- Toiletries for patients/parents/carers in the hospital
- Pyjamas and clothing for inpatients and parents/carers in the Royal Hospital for Children.

To make a referral to the Support and Information Services please contact the relevant site on:

- | | |
|---------------------------------------|---------------|
| • Queen Elizabeth University Hospital | 0141 452 2387 |
| • Royal Hospital for Children | 0141 452 4012 |
| • Glasgow Royal Infirmary | 0141 531 9127 |
| • Royal Alexandra Hospital | 0141 532 7378 |
| • New Stobhill ACH | 0141 355 1527 |
| • New Victoria ACH | 0141 347 8468 |

Email: For adult hospital's: SIS@ggc.scot.nhs.uk or for RHC: FSIS@ggc.scot.nhs.uk

Please keep up-to-date with the latest guidance on our dedicated web pages at:

www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**