

Core brief

Daily update

(17 December 2020, 3.15pm)

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DAILY REMINDER: Don't Spread the Virus at Work or Home

Cover your mouth and nose when you sneeze. Use a tissue or sneeze into your elbow to keep your hands as clean as possible. Wash your hands carefully after you sneeze or cough, regardless.

Everyone Matters Pulse Survey Report 2020

As previously reported in [Core Brief](#), the results of the national Everyone Matters Pulse Survey were published last week. 18063 of our staff took the time to complete it at quite possibly the most challenging time in our careers.

Across NHS Scotland, a total of 83565 staff responded to the survey, with Greater Glasgow and Clyde responses accounting for over one fifth (22%) of NHS Scotland's national results.

Having reviewed the feedback some of the key findings that we note include:

We felt most worried about:

- Patient Care (27% present and future)
- Excessive workload (14%)
- Feeling Covid-19 safe in the workplace (14%)
- IT Support (15%)

We felt most supported by:

- Colleagues (37%)
- Team (16%)
- Manager (19%)
- Being able to go to work (19%)

We care deeply about the health and wellbeing of our workforce and are committed to getting it right for our staff, we are determined to expand our reach and connect with staff across the board, through various channels, developing innovative approaches for all to share views going forward.



Please [click here](#) to view a video from Anne MacPherson, Director of Human Resources and Organisational Development, describing our commitments and approaches in 2021 to grow our community, build a Better Workplace and continue to provide outstanding healthcare.

We are incredibly proud of our professional and dedicated workforce, who have continued to play a vital role throughout this pandemic. Thank you for your feedback and your continued commitment to our patients, their loved ones and our colleagues.

Staff COVID vaccinations

As reported yesterday, staff who are over 65, clinically extremely vulnerable or from a Black or Minority Ethnic background and are now eligible for a COVID vaccination, should have received a text and/or email advising of details about how to book an appointment. For line managers of eligible staff in these groups who have not received this notification, we ask you to please email staff.covid19@ggc.scot.nhs.uk to notify the vaccination team who will be happy to help.

ICU choir joins the race for Christmas number one

Critical care staff from GRI and RAH are hoping go viral as part of a 100 strong, nationwide Zoom choir which is releasing a re-make of classic Police track 'Every Breath You Take'.

Known as the ICU Liberty Singers, the group is now in the race to secure the Christmas number one spot and raise funds to support NHS staff who may have been impacted by the COVID-19 pandemic.

The choir began life as an attempt to bring some fun and respite to critical care workers after an incredibly tough few months.

Critical care staff nurses, Kirstin McGettrick, Lyndsey Jarvie, and doctors Cat Felderhof and Claire McCue from GRI, joined with staff nurse Alison Sharp from RAH's ICU team, got together to use the power of music to find joy during difficult times.

Kirstin said: "It is something so positive to come from something that was - and still is - so hard for so many. In ICU we often ask patients or families if they would like music played and it has the power to relax.

"The choir coming together is an example of how everyone has pulled together during the COVID pandemic."

Staff nurse, Lyndsey Jarvie, added: "Any time for families with a loved one in critical care is difficult, but especially at Christmas. Normally we would have had family visiting at all times throughout the day and sitting with loved ones at the Bells on Hogmanay. Obviously this year will be very different."

All of the staff involved will be working over the Christmas period, looking after COVID and non-COVID patients in our High Dependency and ICU units.

Staff can support their singing colleagues and help them to reach the 2020 Christmas number one by pre-ordering the single: <https://orcd.co/lwnv105>

You can watch a video of the choir at: <https://www.youtube.com/watch?v=pm3z0qoDbo8>

The single is released on 18 December and will be available for download and streaming through the usual channels.



Festive Public Transport Information

Information on service levels for public transport services over the Festive period is now available on [Traveline Scotland](#) website.

Scottish Health Awards – Congratulations to Alex Kane

Alex Kane, Highly Specialist Physiotherapist and Practice Development Physiotherapist based at the West Centre in Drumchapel won the Allied Health Professionals (AHP) Award at the Scottish Health Awards last week after being nominated by Alison Morrison, Professional Lead for Physiotherapy.

Alex has been with NHSGGC since 2018 and splits her time between working as a Clinical Physiotherapist Community Paediatrics in the North-West of the city and Practice Development Physiotherapist, service wide.



Alex won the award for leading a project to improve access to sleep systems for children with complex physical disabilities.

The children Alex works with need 24-postural management, and one of the most important aspects of this is sleep. When these children are asleep, the fact that they can't move can cause great discomfort and even harm.

Sleep systems help keep them in a safe and healthy position at night – and Alex worked to widen access to sleep systems for children and their families, and to ensure staff got the best training to help the young people they worked with.

Alex led the project from start to finish including undertaking an inventory of current equipment available across multiple sites and completed this in conjunction with a physiotherapy staff questionnaire to establish current sleep system knowledge and audit practice.

She worked in collaboration with four company representatives, to establish eight sleep system assessment kits which were created without any expenditure and arranged specific sleep system training to paediatric physiotherapists across specialist children's services.

And lastly, but equally importantly, Alex worked with the Equipu Stores Team to establish a robust system for storing, cleaning and transporting sleep system assessment kits timely across NHSGGC.

On receiving the award, Alex said: "I am very grateful to receive the award and it was very unexpected. There was a huge amount of collaborative working to achieve this project with joint working from Physiotherapists, company reps and Equipu stores to achieve the best outcome for our children and families. I am very pleased that this award has raised the profile of sleep systems and the work we all do in specialist children's services."

Merry Cyber Christmas: Online Shopping

Due to COVID restrictions many of us will be making more use of the internet, whether working from home or for internet shopping. As behaviours change so does crime. Criminals see opportunities in the use of internet shopping to attack us so we need to follow basic cyber hygiene measures to reduce the likelihood of our accounts and devices being compromised.

When shopping online:	If an email looks suspicious or simply doesn't look right:
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<ul style="list-style-type: none"> • DO NOT use your corporate email address or any other details associated with any GGC account, personal and corporate use should be kept separate. 	<ul style="list-style-type: none"> • DO NOT open or preview attachments.
<ul style="list-style-type: none"> • VERIFY the website is secure where the address starts with https:// or has a padlock icon next to the address. 	<ul style="list-style-type: none"> • DO NOT respond to the email.
<ul style="list-style-type: none"> • USE strong unique passwords for all online accounts (three random words you will remember). 	<ul style="list-style-type: none"> • DO NOT follow links within the email body.
<ul style="list-style-type: none"> • USE two factor authentication (2FA) where possible. 	<ul style="list-style-type: none"> • VERIFY the legitimacy of any requests via email by contacting the sender through official channels.
<ul style="list-style-type: none"> • ALWAYS keep your device up to date. 	<ul style="list-style-type: none"> • REPORT any suspected spam by forwarding the email to eHealth spam@ggc.scot.nhs.uk

[Click here to view the NHSGGC Acceptable Use Policy.](#)



Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
 A full archive of printable PDFs are available on [StaffNet](#)**