

Core brief

Daily update

(16 February 2021, 5.05pm)

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Lateral Flow testing – symptoms top test

All staff who have received a Lateral Flow testing kit are reminded that if you register a negative test result, but you are showing any symptoms of COVID-19 – continuous cough, fever/high temperature (37.8C or greater) and loss of, or change in, sense of smell or taste, you must self-isolate and not report to work.

You should continue to test regularly while self-isolating and showing symptoms. This should continue over the ten day isolation period (or until you stop showing symptoms).

Life on the Frontline - contact tracers

Continuing our contact tracers feature here we meet Keith Sivell a former pilot with Flybe.

He is now part of a 250 strong team of contact tracers, supported by 19 team leaders and two service delivery managers.

Keith's story

“I was a Flybe captain, based out of Glasgow for six years, so all my flights were short haul domestic ones to cities such as Southampton and Birmingham. As well as being a pilot, I also managed the Glasgow team.

“Almost immediately after lockdown, I joined the R&R Hub at Gartnavel; something I found really fulfilling. While we were there to support NHS staff going through an incredibly difficult time, it also helped me enormously.

I had just lost my job, was worried about the industry and found myself helping the NHS in a pandemic. The therapy worked both ways, I would find myself chatting to staff and even some of the psychologists on an informal basis and I think we all benefited from it. I was giving and getting a lot back.

"I joined Test and Protect in September and right away was able to use my skills from being a pilot and a manager in my new role. Listening, working my way through operating plans, managing; these were all my transferable skills so it was an easy transition.

"Strangely enough I still feel part of a 'crew'. Team work is the part of the job I enjoy the most; it really is close to a flying life. I do miss being up in the sky, but not the early mornings that go along with it!

"As a pilot you also need to manage stress – both your own and others. The skills you pick up talking to passengers, perhaps when they are delayed, is a skill you can use in this job. Most people we speak to are fine about being asked to self-isolate, but some are not and my past job helps me speak to them about what is worrying them, be it money, family or whatever.

"I have no idea when the airline industry will recover but it will take a long time and the business sector will be most affected. People will always want to go on holiday but the business world has adapted and changed so much during the pandemic and I doubt there will be as much business travel when things get back to normal. I am counting my blessings. I may not be flying but I am in a great team, doing a job I enjoy. So I am one of the lucky ones.

"The world doesn't need pilots just now. It does need people to support the efforts in stopping the spread of Covid-19. I'm very happy that I can play my part with this."

The Test and Protect service runs from 8am – 8pm, 7 days a week, 365 days a year.

Tomorrow we hear from Chris Quinn who was the Cinema Operations Manager for Cineworld for four years.

COVID-19 Social Distancing and Workplace Assessment Audit

The NHSGGC Guidance on Social Distancing (SD) was issued in June 2020. A key component of this guidance was the requirement for local managers in conjunction with staff to undertake a specific risk assessment to identify risks and suitable control measures associated with COVID-19 in the workplace.

An audit tool has been developed on Webropol. The aim of this audit is to provide assurance to our workforce, service users and members of the public that we are continuously striving to ensure a safe and healthy workplace for all during the COVID-19 pandemic.

Please access the [Audit Guidance document](#) for further information.

Please access the Audit tool here: [Social Distancing and Workplace Assessment Audit](#).

The audit will take approximately 15 minutes to complete.

Managers should ensure this audit is completed by February 2021.

Should you have any queries please contact the Health and Safety Department.

Information in relation to Social Distancing can be found [here](#). If you have any ideas to improve Social Distancing practice, please share with your line manager and email here: SDCommsGroup@ggc.scot.nhs.uk



Coming soon...
...your Active Staff is going online.

Using Microsoft Teams you will have the opportunity to access up to 8 classes per week, from Monday to Saturday including some early morning workouts as well as in the evening.

On offer will be: Easy Exercise, Yoga, Legs Bums and Tums, HIIT plus more.

We hope we have something on offer for everyone to get involved.



Public Transport update

ScotRail have been working to try and assist staff making essential journeys and to make adjustments wherever possible. As a result, the following additional services will operate from Monday 22 February.

- Later train from Glasgow – Neilston arriving around 2100 (current last service arrives around 2000)
- Later train from Glasgow – Balloch arriving around 2230 (current last service arrives around 2130)
- Later train from Glasgow – Milngavie arriving around 2230 (current last service arrives around 2130)
- Later train from Edinburgh – Bathgate arriving around 2245 (current last service arrives around 2145)

More information is available at the [ScotRail website](#).

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: staff.covid19@ggc.scot.nhs.uk

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

Are your contact details up-to-date? [Click here](#) to check