

# Core brief

**Daily update**  
(11 May 2021, 2.45pm)

Topics in this Core Brief:

- A message from Dr Linda de Caestecker, Director of Public Health
- Green Health and the UN Sustainable Development Goals
- Your Active Staff online and out in the great outdoors
- Clyde Tunnel Roadworks – 17-19 May

## **A message from Dr Linda de Caestecker, Director of Public Health**

[Dr Linda de Caestecker, Director of Public Health](#), talks to you about how important it is to continue to undertake Lateral Flow tests twice a week and to register your results.

We have seen over the last year that rates can increase very quickly but they take much longer to come down again. While it is unlikely we will completely eradicate COVID-19 in the short to medium term, we should all play our part to try and get incidences to zero. A crucial way in which we can work to achieve this is by continuing our regular staff Lateral Flow testing.

Remember: register, test and record, regardless of your result!



## **Green Health and the UN Sustainable Development Goals**



It's Green Health Week and Scotland, as one of the first countries to sign up to the UN Sustainable Development Goals (SDGs), is well placed to achieve significant sustainable development. There are [goals](#) which directly relate to biodiversity/greenspace:

**Goal 3:** Good health and wellbeing

**Goal 11:** Sustainable cities and communities

**Goal 15:** Protect, restore, and promote sustainable use of ecosystems.

NHSGGC recognises that greenspace is our Natural Health Service and have formed a strategic Greenspace Working Group in correspondence with the UN Sustainable Development Goals. The group meets once per month and is led by the Sustainability Team in collaboration with internal and external professionals and organisations. This group will implement the three greenspace related SDG's to all sites across NHSGGC to enable the successful delivery of sustainable healthcare and improved health and well-being for patients, staff and visitors.

[Click here for more information.](#)

### Your Active Staff online and out in the great outdoors



During May you will have continued access to eight live classes per week online and eight outdoor Bootcamp sessions spread over Monday – Saturday. You can participate in a mixture of live early morning and evening classes streamed online by instructors over [Microsoft Teams](#) to the comfort of your home or head out into the great outdoors for some fresh air at an awesome, and socially distanced, Bootcamp session.

With the weather getting better and restrictions of travel easing we have organised two outdoor, and socially distanced, guided walks for you to enjoy and explore the local countryside.

We hope we have something on offer for all fitness levels and for you to enjoy. To book in, it couldn't be easier. All you need to do is click [here](#) to go onto your Active Staff webpage, it's all completely FREE!!!

Should you require any further information, please don't hesitate to drop us an email: [ActiveStaff.Legacy2014@ggc.scot.nhs.uk](mailto:ActiveStaff.Legacy2014@ggc.scot.nhs.uk)

### Clyde Tunnel Roadworks – 17-19 May

As a result of essential maintenance, overnight closures will be in place for the Clyde Tunnel expressway, including the Tunnel, from 17 to 19 May 2021 from 8.00pm to 6.00am each evening:

**17 May** – Cardonald Roundabout will see a total closure, which also closes the M8 westbound off-slip at junction 25 for QEUH. Local diversions will be in place.

**18 May** – All traffic will have to leave the Tunnel southbound at Govan Rd off-slip (exit for QEUH)

**19 May** - Single lane closures, no diversions in place.

More information on known roadworks is available by [clicking here](#).

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the [FAQs](#) first. If you have any further questions, please email: [staff.covid19@ggc.scot.nhs.uk](mailto:staff.covid19@ggc.scot.nhs.uk)

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**