

# Core brief

**Daily update**  
**(13 May 2021, 4.30pm)**

Topics in this Core Brief:

- Queen's Nurse title for Fiona Ralph
- Improving green space access around the QEUH
- Green Health Week What We're Doing

## **Queen's Nurse title for Fiona Ralph**

Fiona Ralph, Senior Nurse, Renfrewshire HSCP, is one of 20 nurses across Scotland to be awarded a 2020 Queen's Nurse title.

Each person selected to take part in the Queen's Nurse programme must be a community-based registered nurse, midwife or health visitor and they receive the title having completed a nine-month development programme which is designed to enable clinical leaders in Scotland's communities to become catalysts for change in their communities. The programme is a journey of discovery, giving candidates the time and space to discover their skills as facilitators of improvement.

Fiona has worked in district nursing for 26 years and the role is hugely varied from providing end of life care to visiting housebound patients with significant wounds.



A move into a leadership role has meant her job now is also to make sure that the nurses in her team have the right support and access to education and training, however, Fiona has kept her nursing skills up to date and can support the nursing team if required in delivering direct patient care within their home.

Fiona said: "What I love is being able to influence change in district nursing. In previous roles I was implementing the changes made by others but being a locality manager, I can now help shape those changes too. I am just so passionate about district nursing, and I see the advances all around me.

"By looking at developing a career pathway I can create a place and a voice for district nurses on the route to leadership roles. I let staff know that I recognise their concerns and that I understand them. There is a balance between positivity, acknowledging people's fears and convincing them that I'm truly listening so that I can make changes."

Congratulations to Fiona!

## **Improving green space access around the QEUH**

Work has begun on ambitious plans to radically improve the green space around the QEUH.

Plans are at an early stage and you can have a chance to share your thoughts through a quick survey:  
<https://link.webropol.com/s/QEUGreenSpace>

NHSGGC has commissioned ERZ Landscape Architects as part of enabling works to review the campus site. The study aims to explore and identify the potential of a 'greener' QEUH campus landscape for the social, environmental and economic benefit of the hospital, its staff, patients and visitors and those who live nearby. The study sets out the opportunities presented at a strategic level, looking at green networks and active travel opportunities in the wider area. It then focuses on the campus itself and seeks to find opportunities for improving active travel, biodiversity, wayfinding and navigability, as well as arts programmes and environmental improvements.

Tom Steele, Director of Facilities and Estates, said: "The QEUH campus provides us with an incredible opportunity to improve the greenspace, connecting the hospital with local communities and providing improved space for patients and staff."

## **Green Health Week What We're Doing**

### **Royal Alexandra Hospital – Pond and Beyond**

The Sustainability Team, along with Health Improvement: Arts and Health received Green Exercise Partnership and Endowment funding to begin improvement of the site, with work expected to start in September 2021.

The project will include the following improvements to the pond area:

- Management, maintenance and improvements of the pond and its existing wetland and aquatic habitats.
- Assembly of a viewing area, with appropriate safeguarding/railing.
- Creation of boardwalk and wayfinding over wetland area to allow for walking and wheelchair access around the pond.
- Creation of outdoor teaching area using natural landscape on south bank of the pond.
- Creation of new pedestrian and wheelchair access to hospital site/pond area from Victoria Road.
- Look out for protected species such as swans, moorhens and bats!

### **Leverndale - Design in the Dale**

Leverndale is a site lead project working with the Green Exercise Partnership and Landscape Architects ERZ Ltd to re-design outdoor spaces within the hospital campus. The aim of the project is to create outdoor destination spaces within the campus, which will provide a range of exercise opportunities, improve biodiversity and create social spaces and places for relaxation and reflection. Phase 1 has just finished, and funding applications will shortly begin for Phase 2 to complete the overall project.

[Click here for more information.](#)

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