

Core brief

Message from Jane Grant, Chief Executive

(14 May 2021, 2pm)

Across NHSGGC we celebrated International Nurses Day this week. I was really pleased to see all of the fabulous photos and videos of our staff and read some of the patient stories that were shared on social media. We know about the fantastic work our nurses do, but to read some of the wonderful tributes from our patients makes it all the more special. Your dedication to the nursing profession, to our patients and your colleagues is hugely appreciated.

International Nurses Day wasn't the only important commemoration this week. Mental Health Awareness Week, which this year centred on the importance of nature to our wellbeing, was also a key area of focus. Preserving and improving our mental health is vitally important, particularly with the pressures of our roles and the issues that we often have to deal with. Taking that bit of time out, having the opportunity to talk and supporting one another to overcome challenges are some of the key ways we can improve our wellbeing. I have a personal commitment to all of our staff to do what I can to help ensure we have appropriate support services available to help you when you may be in need, but also to ensure that we have mechanisms in place to help staff with early interventions before potential issues become too difficult to manage. We will in the coming months be opening up our staff mental wellbeing check-in once more and I would encourage all of you to take part.

To find out more about Mental Health Awareness Week, [click here](#). To find out more about the support services available to you within NHSGGC, please [visit our website](#).

Given the focus of Mental Health Awareness Week, it was fitting that we too have marked Green Health Week over the past few days. As a Board, we are committed to enhancing our outdoor spaces on our sites for the good of our staff as well as our patients and visitors. Sometimes the ability to take time outside, away from the job, can be of real benefit, so I want to make sure that we can continue to support this work long into the future.

Some further good news from this week came from the new Greenock Health and Care Centre. We are now in the final stages of preparation prior to open the centre on Monday and I had the opportunity this week to see first-hand the fantastic facilities that will be provided for our patients and our staff. The Centre will provide a massive boost to the local area and enable us to continue to provide person led care to this local community. The new facility will host a wide range of services including general practice, podiatry, physiotherapy, dental, speech and language therapy, mental health, sexual health, pharmacy as well as district nursing and home care staff. Good luck to all staff who will begin working in their new environment next week.

Finally, as many of you will have seen, the number of COVID-19 cases in Glasgow City has risen again. While such instances were always to be anticipated, it is really important that we all continue to follow the guidelines that are in place. At this time, we must continue to be vigilant. Please remember that even if you

have received your vaccination, you can still carry the virus and spread it unknowingly. I would encourage everyone who is eligible to utilise your lateral flow test kits and continue to do your bit to keep yourselves, your loved ones and your local communities safe.

Thank you.

Are your contact details up-to-date? [Click here](#) to check