



Occupational Health Service Contact Details:

West Glasgow ACH
 Dalnair Street
 Glasgow
 G3 8SJ

Main Number: 0141 201 0600



Occupational Health Service: Physiotherapy Service



Occupational Health Physiotherapy Service

Staff Self Referral

We aim to provide prompt access to physiotherapy intervention, in order to help staff return to work following absence or who have had an injury at work. We also provide treatment for those who may be at risk of sickness absence.

We maintain the strictest levels of confidentiality and nothing will be shared with your manager without your consent.

NHS Greater Glasgow & Clyde staff can refer themselves to the Occupational Health Physiotherapy Service via the self referral form on HR connect. This can also be accessed from home.

<https://www.nhsggc.org.uk/working-with-us/hr-connect/occupational-health/occupational-health-physiotherapy-service/>

Priority will be given to staff members who:

- Are absent from work due to a musculoskeletal problem
- Have a musculoskeletal injury following an accident at work
- Are at risk of going off work due to a musculoskeletal problem.

The form can be found on the HR Connect webpage, see link

We will offer you're an appointment via telephone, email or letter.

Please visit NHS Inform for self management advice on common musculoskeletal problems.

DSE and Workstation Advice and Information.

As well as completing assessment and treatment for musculoskeletal conditions, we are also able to provide information and advice if you are requiring ergonomic equipment.

If you only require equipment or advice please complete the DSE and the workplace assessment forms. These can be found on the Occupational Health Physiotherapy page on HR Connect.