

# Core brief

**Daily update**  
**(16 March 5.45pm)**

Topics in this Core Brief:

- New visiting temporary visiting restrictions at GRI and RAH
- Today is World Delirium Awareness Day #WDAD2022

## **New visiting temporary visiting restrictions at GRI and RAH**

In response to a significant rise in the number of patients in hospital with COVID-19, we have taken the difficult decision to temporarily move some wards at Glasgow Royal Infirmary (GRI) and the Royal Alexandra Hospital (RAH) to essential visiting only. This is to try to limit further spread of COVID-19 among vulnerable hospital patients, those who matter to them, and staff who are caring for them.

### **Areas with essential visiting only**

1. From midnight tonight, Wednesday 16 March, the following wards at the GRI will move to essential visiting only:

|           |            |         |          |
|-----------|------------|---------|----------|
| Ward 2    | Ward 10    | Ward 21 | Ward 33  |
| Ward 3    | Ward 11    | Ward 23 | Ward 35  |
| Ward 4    | Ward 12    | Ward 24 | Ward 36  |
| Ward 5    | Ward 15/28 | Ward 26 | Ward 38  |
| Ward 6    | Ward 17/31 | Ward 27 | Ward 39  |
| Ward 7/16 | Ward 18    | Ward 29 | Ward 47a |
| Ward 8    | Ward 19    | Ward 30 | Ward 48  |
| Ward 9    | Ward 20    | Ward 32 | Ward 52  |

2. Shared accommodation (for example 4 and 6 bedded rooms) adult acute inpatient areas in the RAH (this doesn't include single room accommodation, mental health wards, or maternity wards).
3. Wards where there is an active outbreak of COVID-19. In these wards, visiting will be temporarily restricted to essential visiting only until the situation is resolved.

These wards are open environments where social distancing between family members, patients and staff, and other mitigations against COVID are more difficult to observe.

In all other adult inpatient wards including shared accommodation on every other site, single rooms, mental health, and community and outpatient clinics, people can have support from one visitor at a time.

Women on the maternity pathway can have the support of one birth partner and one additional person throughout all outpatient and scan appointments, labour, birth and in inpatient wards.

We urge everyone visiting someone in hospital to follow the below vital safety measures still in place:

- We ask in the strongest possible way that you have a **negative Lateral Flow Test** a maximum of 24 hours before your visit – the closer to your visit, the better.
- All visitors **must wear a face-mask** within the hospital for the duration of your visit in a hospital building, unless exempt. These are available at all hospital entrances.
- Please maintain a **2 metres distance** from others where possible.
- Please wash your hands or use hand hygiene gel.

All patients and their family members affected by these revisions to visiting should be offered daily virtual visits as a minimum to ensure they can see and talk to those people who matter most to them. Further information on virtual visiting can be found on the [NHSGGC Virtual Visiting Webpage](#).

All staff are reminded visiting arrangements need to be applied flexibly and compassionately and each patient's needs considered on their own merits. Carers, those providing essential care or emotional support, or spiritual care are not considered to be visitors and should continue to be permitted to attend a patient in hospital.

Further information on essential visiting is available [here](#).

### **Today is World Delirium Awareness Day #WDAD2022 - "From Awareness to Action, Delirium Care, A Team Effort"**

To mark this international awareness day NHSGGC are highlighting the amazing delirium care our clinical teams provide with a social media campaign.

Delirium really is everyone's business. Great delirium care translates into great care full stop – clinical excellence, relieving symptoms, listening to people, reassuring, dealing with their concerns - all impact on delirium, patient experience and clinical care.



So look for your colleagues on twitter @nhsggc #WDAD2022, let us know about your good work and help us celebrate the real difference we make to our patients, even (or perhaps especially) in these challenging times.

**Thank you for being a delirium superhero, this #WDAD2022 and every day**

For information on all things delirium look at our StaffNet page at:

<http://www.staffnet.ggc.scot.nhs.uk/Acute/Dementia2/Pages/Delirium.aspx> and our learning module at: <https://www.nhsggc.org.uk/about-us/professional-support-sites/learning-modules-for-staff/think-delirium/>

Alex, discharge nurse in Glasgow Royal Infirmary

“I work with the hospital and the community to make sure discharges after an episode of hospital delirium are as safe as possible “

From awareness to action, delirium care, a team effort  
#WDAD2022 @nhsggc



Always report your LFD result - even if it's negative



Remember to report your results at:  
<https://nhsnss.service-now.com/covidtesting>

Please keep up-to-date with the latest guidance on our dedicated web pages at: [www.nhsggc.org.uk/covid19](http://www.nhsggc.org.uk/covid19). If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: [HR.Support@ggc.scot.nhs.uk](mailto:HR.Support@ggc.scot.nhs.uk).

\*\*\*Staff are reminded to make sure their [personal contact details are up to date on eESS](#).\*\*\*

**It is important to share Core Brief with colleagues who do not have access to a computer.  
A full archive of printable PDFs are available on [StaffNet](#)**