

Core brief

Daily update
(17 March 2022, 3.25pm)

Topics in this Core Brief:

- COVID-19 - Mask wearing and Physical Distancing
- Flow Navigation Centre: February in statistics
- SLT staff awareness of Dysphagia – a difficult diagnosis to swallow
- Clyde Tunnel Maintenance Work
- Home Energy Scotland
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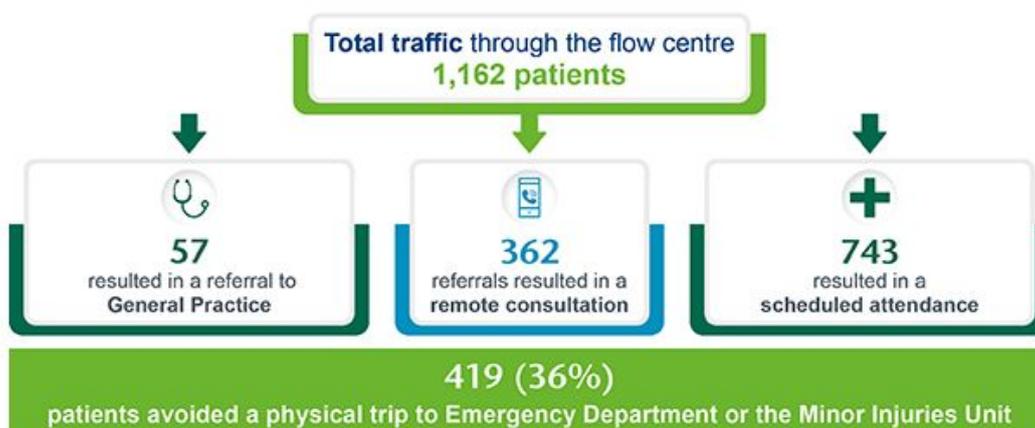
COVID-19 - Mask wearing and Physical Distancing

As advised by the First Minister this week, a number of restrictions are being lifted across Scotland on 21 March. However due to a sharp rise in infections and recognition that the pandemic is still significant, there are no changes to any restrictions in relation to face coverings. Whilst this will be reviewed by the Scottish Government in two weeks' time, we do anticipate specific guidance for health and social care staff and settings and will advise further on this when known.

Staff are reminded that mask wearing and physical distancing controls remain in place throughout our buildings and in our services. Fluid Resistant Surgical Masks should be worn by staff in all indoor spaces including patients homes and any public transport or work vehicles. Staff should also continue to maintain two metre distancing whenever possible and must do so when taking breaks where masks cannot be worn.

Please see link to [NHSGGC: Physical Distancing in the workplace](#)

Flow Navigation Centre: February in statistics



A significant piece of engagement work to gauge patient feedback and experience of the Flow Navigation Centre (FNC) has returned overwhelmingly positive results.

Scott Davidson, Deputy Medical Director for Acute Services, said: “The latest figures illustrate the increasingly important role the FNC is playing in helping more effectively control footfall through our unscheduled care pathways by directing people appropriately.

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To find out more visit [Hot Topics](#) and the Flow Navigation Centre [web pages](#).

SLT staff awareness of Dysphagia – a difficult diagnosis to swallow

Speech and Language Therapists from the QEUH have been raising awareness of a common but sometimes taken for granted condition, by simulating the experience of patients with ‘dysphagia’.

Dysphagia, the medical term for swallowing problems, impacts thousands patients every year, and can cause a drastic reduction in their quality of life, increase the risk of malnutrition, dehydration and even choking if not managed appropriately.



As part of swallowing awareness day yesterday, Staff at the QEUH encouraged colleagues and visitors to try specially adapted diets and use special instruments to eat their lunches to help them understand the condition, its impact, and how the SLT team treats patients with the condition.

Joanne Avery, Speech and Language Therapist at the QEUH, said: “Dysphagia is a common condition and impacts people in such a variety of ways. Today was about raising awareness of this, and highlighting the support available, so that we’re able to offer that tailored, person-centred care to patients who might be struggling with swallowing.”

If you want to learn more about the condition, or how the SLT team can treat it, please contact Joanne.Avery@ggc.scot.nhs.uk or Catherine.McGee3@ggc.scot.nhs.uk or call 0141 451 6368.

Clyde Tunnel Maintenance Work

We have been advised by Glasgow City Council of planned closures of the pedestrian / cycle route through the Clyde Tunnel for essential maintenance.

Southbound Tunnel

Closed from 0800-1600 on Thursday 24 & Friday 25 March and Monday 4 & Tuesday 5 April.

Northbound Tunnel

Closed from 0800-1600 from Monday 28 March – Friday 1 April inclusive.

No cycling will be permitted in either bore during the planned work. All bikes must be walked through.

Home Energy Scotland

Home Energy Scotland in Partnership with NHSGGC are offering a free online workshop for all NHS staff on how to save energy at home, date and time below. To book a place click [here](#).

Helping you save energy at home

Many people will see their energy costs rise because of the extra time spent at home this year. This 45 minute workshop has been designed to help us stay in control of our future energy bills as well as reduce our impact on the environment. Learn new practical tips and hints, find out how easy it can be to change your supplier, and take part in our quiz.



23 March: one hour workshop with Q&A. To book a place click [here](#).

Active Staff

Scottish Ballet in partnership with NHSGGC are offering: At Work Tool Kit - Health at Hand™ Interactive Webinar.



A one hour interactive online training session with Scottish Ballet. Discover why movement and breathing can regulate high stress states. Find out how to integrate movement and breathing into your busy working life. Be guided through a stress relieving tool kit and receive unlimited access to filmed resources for your personal use.

Session available on Tuesday 29 March 09:30-10:30. To book a place please click [here](#).

Lateral Flow Tests - Available to all staff working on site

Speak to your line manager about where to collect your test kit, then:

 Register your kit	 Test twice per week	 Record your results
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Keep your colleagues and patients safe from COVID-19

Help stop the spread!

Visit: www.nhsggc.org.uk/lfid-stafftesting

Please keep up-to-date with the latest guidance on our dedicated web pages at: www.nhsggc.org.uk/covid19. If you have any questions about the current situation please check the FAQs first. If you have any further questions, please email: HR.Support@ggc.scot.nhs.uk.

Staff are reminded to make sure their [personal contact details are up to date on eESS](#).

**It is important to share Core Brief with colleagues who do not have access to a computer.
A full archive of printable PDFs are available on [StaffNet](#)**